

Jantien Knoester MHs.

**Occupational Therapist, Sensory Integration Therapist & Educational Psychologist**



**Introduction:** My name is Jantien Knoester and I am a licensed Pediatric Occupational Therapist and Sensory Integration Specialist. Furthermore, I am an Educational Psychologist, Floortime DIR and Infant Mental Health Specialist.

I have worked at the Lighthouse since 2004 and I completed extra trainings in Sensory Processing, Autism, learning problems, neuropsychology and Early Intervention.

**Occupational Therapy (OT)** treatment focuses on helping children (and their families) with a **physical, sensory, or cognitive disability** be as independent as possible in all areas of their lives. Together with Leonie Spronk (also OT at Lighthouse) we support children enrolled at HSV/ Lighthouse with various needs improve their cognitive, physical, sensory, and motor skills and enhance their self-esteem and sense of accomplishment. We prefer to work with the children and caregivers in their familiar environment (in the school setting or at home if required). All caregivers and involved specialists are part of the team.

**Psychology:** Besides working as an OT, I am a licensed Educational Psychologist. I am able to assess a child's cognitive and developmental level, support caregivers and children in learning, behavior and/or functional skills. For children with learning challenges, I am able to provide various programs to help children reach their full potential: e.g. working memory programs (e.g. Cogmed, Jungle Memory), programs to improve attention span and concentration (Brain Work, Sensory Integration etc.), Auditory Processing Programs (to improve listening skills) and Smart Learning Programs.

**Therapy & Trainings:** Together with my colleagues I provide Occupational Therapy and Psychology services (1:1 or in a group) at various International Schools in the Netherlands. In addition, I provide trainings/ courses in regulation problems, ADHD, ASD/ Floortime and Sensory Integration for specialists.

**Support:** During my therapy I provide fun learning activities that are designed to boost the basic foundational skills that **your** child needs for school or home. What I often discover is that what families really want for their child is to be a valued member of the family and the community, to be more independent in daily life, and to be successful in their endeavors. They want their child to be valued, to be

understood and to be delighted in. Every child and family situation are unique and together we need to find the best approach meeting your child's needs best.

The children, caregivers and specialists I worked with over the years (in the orphanage in Sri Lanka, rehabilitation centers, clinics and various schools) brought me many great learning and life experiences. Besides working as a specialist, my role as being a mother brings me every day new experiences. My two daughters and son teach me every day important lessons about life, growth and development, but most of all how important it is to play, grow and learn **together**.

**For more information please check:** <https://www.childdevelopment.nl>



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